

COLOUR ANALYSIS

Do you know what colours suit you the best?

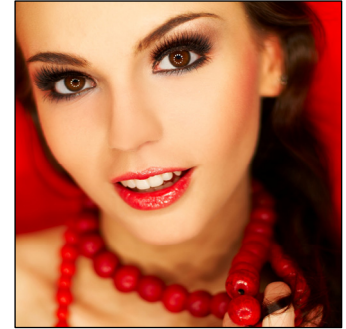
Do you often look washed out, lifeless and tired?

Do you buy clothes that you only wear once or twice?

Does your wardrobe consist of clothes that are mainly black?

The colours you wear are the first thing that people notice about you when they see you. Colour makes an immediate impact and leaves a lasting impression. In essence there are 3 sets of colours; those you like which you are naturally drawn to, those that are in season which are dictated to you by fashion, and those that look the best on you.

These three sets of colours can be totally different from each other and by learning which work the best for you is a great way to start purchasing clothing and make-up that you will wear over and over again. Always remember, a garment purchased in a great cut but the wrong colour and vice versa will never be a great buy.



After completing the Colour Analysis Programme you will find that shopping for clothes, accessories and make-up will become quicker, easier and more cost effective. Your compact Personal Colour Swatch and Personal Colour Solutions Profile Booklet will provide you with the knowledge and know-how of choosing the right items to suit you.

Colour Analysis includes:

- Colour theory history
- The colour wheel and different dressing strategies
- How colour shapes your personality
- Mastering your mood with colour
- Bending the rules of colour
- Colour contrast levels
- Changing your colours as you age
- How to mix and match prints and patterns
- How to wear black even if it is not in your colour range
- Colours to wear for every occasion
- Individual face shape analysis
- Hair style evaluation and recommendations
- Recommendations for changing hair colour
- Guidance for use of colour contact lenses
- Metal recommendations for jewellery and eyewear
- The best eye shadow, blush, eyeliner and mascara colours for you
- Your Personal Colour Analysis – includes your [Personal Colour Solutions Profile](#)