

PROFESSIONAL MAKEOVER

Do you look as good as what you have to offer?

Do you feel your existing image suits your professional lifestyle?

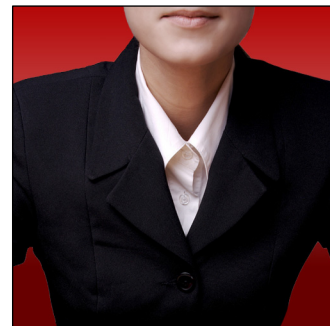
Are you looking to increase the speed of your career ambitions and targets?

Are you facing a career change and need more knowledge on professional attire?

This individual personal life enhancement programme is similar to the Total Makeover but structured specifically for those in the corporate workforce. The Professional Makeover includes all the individual programmes and products that F3 has to offer with the main focus on business attire and accessories, planning of a professional wardrobe, make-up for business occasions and choosing your best hairstyle cut/colour and eyewear that enhances your corporate image.

The Professional Makeover is conducted over 2 full days with an F3 Image Consultant. During the programme you will have the opportunity to receive 'hands on' practice on how to create different make-up looks and skin care techniques with all products supplied.

On hand are many visual aids and examples of colour swatches, suit fabrics and clothing cuts to teach you how to design your professional wardrobe that best suits you. Throughout the programme you will receive all the information required to develop and maintain your new professional image.



The Professional Makeover for women includes:

- [Colour Analysis](#)
- A guide to colour and the business world
- Selection of garment colours to influence and command attention
- Hairstyle colour/cut recommendations
- Visit to the hairdresser (optional)
- [Fashion & Style Solutions](#)
- Development and planning of a professional wardrobe
- The risks of poor professional dress choices
- Essentials for buying a new suit
- Business casual or business casualty?
- Appropriate and inappropriate attire for work
- The casual to formal range of clothing
- [Make-up Solutions](#)
- Make-up application for business occasions
- Existing make-up kit assessment and evaluation
- Personal skin type assessment and evaluation
- Skin care regime development
- [Accessory Magic](#)
- How to accessorise for various work and social occasions
- Purchasing accessories to enhance your natural features
- Eyewear to enhance your professionalism
- [The Wardrobe Audit](#)
- Organisation and structuring of a professional wardrobe
- [Personal Shopping](#) expedition
- Assistance with designing suits if you are custom tailoring

The products and services you will receive are:

- [Your Personal Colour Swatch](#)
- [Your Personal Colour Solutions Profile](#)
- [Your Personal Style Solutions Portfolio](#)
- A personal notes file containing all information so you can recreate your look
- Hair cut (optional) with Warren Teng, Director at Essentials Toni & Guy