

TOTAL MAKEOVER

Are you satisfied with the way you look?

Do you feel your existing image suits your lifestyle?

Do the colours you wear flatter your figure and enhance your skin tone?

Have you ever dreamed of creating a completely new image for yourself?

This personal life enhancement programme will guide you through each step needed to create and maintain a completely new image. The Total Makeover is designed to increase self-confidence when it comes to mixing, matching and purchasing clothing, applying and selecting the right make-up for you and how to find your way in the shopping centres without needing help in the future. Included are all the individual programmes and products that F3 has to offer.

The Total Makeover is conducted over 2 full days which can be separated with an F3 Image Consultant. During the programme you will have the opportunity to receive 'hands on' practice on how to create different make-up looks and skin care techniques with all products supplied. On hand are many visual aids and examples of colour swatches and clothing cuts to teach you how to choose clothing that suits you the best. Throughout the programme you will receive all the information required to develop and maintain your new image.



Total Makeover includes:

- [Colour Analysis](#)
- [Fashion & Style Solutions](#)
- [Make-up Solutions](#)
- [Accessory Magic](#)
- [Wardrobe Audit](#)
- [Personal Shopping](#)
- Lifestyle assessment for clothing options
- Personal skin care regime development
- Hairstyle and hair colour recommendations
- A visit to the hairdresser

The products and services you will receive are:

- [Your Personal Colour Solutions Profile & Colour Swatch](#)
- [Your Personal Style Solutions Portfolio](#)
- A personal file containing notes so you can recreate your look
- Hair cut (optional) with Warren Teng, Director, at Essentials Toni & Guy